



Sundaram
Medical
Foundation

DR. RANGARAJAN MEMORIAL HOSPITAL

FORUM 2024

Focused Overviews Reviews & Updates in Medicine

"ADVANCES IN CLINICAL MEDICINE"

CME
credit hours
from
Tamilnadu
Medical
Council

Register Now
www.smf.in/forum2024

26th
ANNUAL
CONFERENCE

FORUM 2024
invites
Paper & Poster
Presentations

CONFERENCE



Date: 27/4/2024 (Saturday)



Venue: **HOTEL GREEN PARK**
No.183, N.S.K Salai,
Vadapalani
Chennai - 600 026

WORKSHOPS



Date: 28/4/2024 (Sunday)



Venue: **SUNDARAM MEDICAL FOUNDATION**
OP Block, Plot No.75,
Kambar Salai, Mogappair West,
Chennai – 600058

Organised by
SMF Academy of CME

SUNDARAM MEDICAL FOUNDATION
Dr Rangarajan Memorial Hospital

FORUM 2024

Sundaram Medical Foundation takes great pleasure in inviting you to attend FORUM 2024. FORUM is an annual conference which holds the unique distinction of being conducted regularly for the past 25 years, catering to primary care providers, practicing physicians and post graduates.

SMF places academic pursuits on par with clinical activities as we realize that excellence in patient care will only come from continuous update of the understanding of diseases, newer diagnostic and therapeutic options. A committed physician has to provide quality care in an atmosphere of economic limitations, complex psychosocial issues, and an increasing awareness about health and related issues among the public. The scientific content in FORUM is designed to meet these requirements of the busy clinician.

The theme of this year's FORUM is **"ADVANCES IN CLINICAL MEDICINE"** and the organizing team of FORUM 2024 has put together a one day scientific program and a one day workshop, with carefully chosen topics of relevance and importance to be delivered by experts in a concise yet complete manner. The sessions will be largely case scenario based which will enable applied learning.

About SMF

Sundaram Medical Foundation (SMF) was established in 1994 with the primary objective of providing quality

medical care at an affordable cost to middle and lower income groups in the community. Within a short span of twenty nine years, under the vision and guiding hand of Dr.S.Rangarajan, Founder and Managing Trustee, the hospital has risen to a pre-eminent position in the health care scene, locally and nationally. It has set a standard and provided an effective and cost conscious model of health care delivery tailored to the needs and limitations of urban India.

The SMF Advantage

A non-profit trust set up by the Sundaram Finance Group of Companies, SMF is not burdened by high debt servicing costs or debt repayment obligations. Economics in project design and implementation, scrupulous scrutiny of all medical equipment purchases for appropriateness and a carefully tailored group of in-house quality assurance programs, have resulted in cost saving that has been passed on to the community.

Academic activities at SMF

SMF is accredited to the National Board of Examinations for training post graduates in eight specialties. All the programs are much sought after, due to the reputation that the institution has in the field of medical education.

FORUM 2024

Saturday - April 27, 2024

TIME	PROGRAMME
08.15 am	REGISTRATION
08.45 am	INAUGURATION
SESSION I	HOPE FOR THE HEART
09.00 am - 09.15 am	Atrial Fibrillation - Current management Dr. Ulhas M.Pandurangi , <i>Arrhythmia Heart Failure Academy & The Madras Medical Mission, Chennai</i>
09.20 am - 09.35 am	LVAD, CRT & ICD in heart failure - Who gets which Dr. Mullasari Ajit Sankardas , <i>The Madras Medical Mission, Chennai</i>
09.35 am - 09.45 am	Audience interaction
SESSION II	SKIN AND BONE
09.45 am - 10.00 am	JAK Inhibitors in Dermatology Dr. K.N.Sarveswari , <i>SMF, Chennai</i>
10.05 am - 10.20 am	Biologicals in Rheumatology - A double edged sword Dr. T.Aarthi Priya , <i>SMF, Kilpauk Medical College & Apollo Medical Centre, Chennai</i>
10.20 am - 10.30 am	Audience interaction
SESSION III	PANEL DISCUSSION
10.35 am - 11.10 am	In patient Management of Diabetes Mellitus - A case scenario based discussion Moderator: Dr. T.Girija , <i>SMF, Chennai</i> Panelists: Dr. P.Paranthaman , <i>Govt. Kilpauk Medical College, Chennai</i> Dr. A.Shanmugam , <i>Govt. Kilpauk Medical College, Chennai</i> Dr. G.Shanmugasundar , <i>Magna Centre for Obesity Diabetes & Endocrinology, ESIC Medical College, Chennai</i>
SESSION IV	DIABETES AND LIPIDOLOGY - A PARADIGM SHIFT
11.10 am - 11.25 am	Twincretins and triple agonists - Twice as good Dr. M.Shriraam Mahadevan , <i>SMF & SRMC, Chennai</i>
11.30 am - 11.45 am	Lipoprotein (a), Apolipoprotein A1, hs CRP - Small fry or big fish? Dr. D.Prabhakar , <i>SMF, Apollo Hospitals & Dr.Mehta's Hospital, Chennai</i>
11.50 am - 12.00 pm	Audience interaction
SESSION V	MIXED BAG - 1
12.05 pm - 12.20 pm	Inhaled bronchodilators - Old is gold but is 'new' platinum? Dr. R.Sridhar , <i>Apollo Hospitals, Chennai</i>

12.25 pm - 12.40 pm	NAFLD - Is there light at the end of the tunnel? Dr. P.I.Rajan Babu , <i>SMF, MGMCI & Akshita Gastro Clinic & Endoscopic Centre, Chennai</i>
12.45 pm - 12.55 pm	Audience interaction
12.55 pm - 01.00 pm	SMF - Video
01.00 pm - 02.00 pm	LUNCH
SESSION VI	MIXED BAG - 2
02.05 pm - 02.20 pm	Management of the agitated patient in the Emergency Department - Recent advances Dr. M.Waseem Ahmed , <i>SMF, Chennai</i>
02.25 pm - 02.40 pm	Targeting the RAAS - A road filled with potholes Dr. M.Sivalingam , <i>SMF, Chennai</i>
02.45 pm - 02.55 pm	Audience interaction
SESSION VII	PANEL DISCUSSION
03.00 pm - 03.45 pm	Conundrums in Nephrology - A case scenario based discussion Moderator: Dr. Abdul Aziz Salar , <i>SMF, Chennai</i> Panelists: Dr. M.Sivalingam , <i>SMF, Chennai</i> Dr. Suresh Sankar , <i>SMF, Chennai</i>
SESSION VIII	FLESH & BLOOD
03.50 pm - 04.05 pm	Hemophagocytic lymphohistocytosis - Rarely considered and deadly Dr. K.Krishnarathnam , <i>SMF & SRMC, Chennai</i>
04.10pm - 04.25 pm	Principles of Chemotherapy - Neoadjuvant, Adjuvant, Radical and Palliative Dr. K.Sivasubramaniam , <i>SMF, Chennai</i>
04.30 pm - 04.40 pm	Audience interaction
SESSION IX	MAPPING THE BRAIN AND BEYOND
04.45 pm - 05.00 pm	Localisation of cerebral functions - Back to basics Dr. V.Shankar , <i>SMF, Chennai</i>
05.05 pm - 05.20 pm	Alzheimer's Disease - Advances in diagnosis and treatment Dr. S.Balasubramaniam , <i>Institute of Neurology, Madras Medical College, Chennai</i>
05.25 pm - 05.35 pm	Audience interaction
05.40 pm - 6.10 pm	Quiz Dr. M.Waseem Ahmed , <i>SMF, Chennai</i>
6.15 pm - 6.30 pm	Valedictory function

FORUM 2024 - REGISTRATION FORM

Name :	
Qualification: Mark as applicable	<input type="radio"/> Post graduate <input type="radio"/> Physician
Mailing Address :	
Phone/Mobile No. :	
Email :	
Register for :	<input type="radio"/> Conference <input type="radio"/> Workshop <input type="radio"/> Both
Workshop (please tick)	1. ECG 2. Finance and litigation 3. KMC

	Conference	Workshop
Pre-registration	Rs. 1000/-	Rs. 500/-
Spot Registration	Rs. 1500/-	Rs. 1000/-

Please visit www.smf.in/forum2024 for registering via website

CONFERENCE – 27/4/2024

Venue:

Hotel Green Park,
No.183, N.S.K Salai, Vadapalani
Chennai - 600 026



WORKSHOP 28/04/2024

Venue:

Sundaram Medical Foundation,
Out Patient Services (OP Block)
Plot No.SP 75, Kambar Salai
Mogappair West (Near Wavin Signal)
Ambattur Industrial Estate
Chennai - 600 058
044-26144100 9941007667/68/69



Please turn overleaf for payment

Modes of payment (Please tick the appropriate Mode)

Online transfer

A/C Name: **Sundaram Medical Foundation**

Bank : HDFC bank, Annanagar Branch

Ac no. : 50200021389246,

IFSC : HDFC0000017

**DD/Cheque (to be drawn in favor of
"Sundaram Medical Foundation")**

Cheque / DD / NEFT/RTGS No:

for Rs.:

Bank :

Date:

Gpay QR Scanner



For confirmation of registration

- Kindly share completed registration form and payment details with transaction ID to the Whatsapp number - 9790776681 (or) email to forum2024@smfhospital.org. Kindly send DD/Cheque along with the completed registration form to the mailing address given below.
- You will get confirmation in a day or two after payment verification.
- Kindly give your full name in the comments during net banking for our reference.

*Confirmation of registration done through website is not mandatory.

Mailing address:

The Organising Secretary – FORUM 2024

Sundaram Medical Foundation
Dr.Rangarajan Memorial Hospital
9-C, 4th Avenue, Shanthi Colony,
Annanagar, Chennai 600 040

Tel: 044 – 26144100, 9941018844, 9941007744

Mobile: 9790776681- Ms.G.Shoba

Email: forum2024@smfhospital.org

FORUM 2024 invites scientific papers for podium and E-poster presentations from all the specialities on the theme “Advances in Clinical Medicine”.

All participants should register for FORUM 2024.

All postgraduate students should enclose a bonafide certificate from their HOD.

GUIDELINES FOR SCIENTIFIC PAPER PRESENTATIONS

1. Abstracts shall not be more than 250 words formatted in MS word, Times New Roman style and a font size 12. It should reach the scientific committee on or before 10/4/2024.
2. The scientific abstract should be submitted only by email to forum2024@smfhospital.org
3. A delegate can present only one oral paper. Poster presentation can be additional.
4. Material for projection should be handed over at the conference venue on 27/4/2024.
5. Each candidate will get a maximum of 6 minutes for presentation.
6. The presentation will be done on 27/4/2024. The time and venue will be intimated later.
7. Two minutes will be allotted after each presentation for discussion and to field questions from the moderator and audience.
8. Presentations will be made from a common computer. Use of personal laptops will not be permitted.

GUIDELINES FOR POSTER PRESENTATION

1. Name and photograph of the presenter should be on the right upper corner of the poster.
2. If a post graduate is making the presentation, the name of the teacher and the institution should not be mentioned on the poster.
3. Schedule of oral presentations will be according to the numbers assigned and the exact time shall be informed at the registration counter at the venue.
4. Each poster shall be presented before and critiqued by a jury on 27/4/2024.
5. The poster should be in single slide in landscape format and should be self explanatory with appropriate images.
6. Aspect ratio of the poster is 16:9 formatted in JPEG.
7. The Poster should be submitted only by email to forum2024@smfhospital.org

Prizes:

- Prizes will be awarded for the best presentation in each category.

WORKSHOPS ON 28/4/2024

Registration : **8.30am**
Time : **9.00am – 1.30pm**

Maximum No. of participants : **40 in each workshop**
Lunch will be served after the workshop

WORKSHOP 1

ADVANCED ECG INTERPRETATION

Highlights:

- ♦ Introduction to Advanced ECG Concepts
- ♦ Ischemic Patterns and Infarct Recognition
- ♦ Artifact Recognition and Troubleshooting
- ♦ Arrhythmia Analysis
- ♦ Challenging ECG Scenarios
- ♦ Q & A and Case Discussions

Materials Required: Participants are encouraged to bring laptops or tablets for interactive case studies. ECG tracings and case scenarios will be provided by the instructors.

Leads: **Dr. M.Waseem Ahmed** - SMF, **Dr. Prasanth Ravinthiran** - SMF, **Dr. G.D.Ranjith** - Ravina Hospital, **Dr. Shiv Ranjith** - SRMC, **Dr. Vidhya Saketharaman** - Kauvery Hospital, **Dr. Agastiya Bharathi** - Prashanth Hospitals, **Dr. N.Ashok** - The Madras Medical Mission

WORKSHOP 2

PERSONAL FINANCE FOR DOCTORS - CLEARING THE MYTHS

Moderator: **Dr. Murali Ariga** - SMF & **Dr. G.M.Gnanapandithan** - SMF

Speaker: Making money work for you - **Dr. D.P.Prakash** - American Eye Care & Lasik Centre, Chennai
Evidence based money management - **Dr. Kumaresh** - Financially independent anesthesiologist, Madurai.
Audience Interaction

MANAGING AND PREVENTING LITIGATION IN MEDICAL PRACTICE

Moderator: **Dr. Murali Ariga** - SMF & **Dr. P.Rekha** MD LLB - SMF

Speaker: Role of IMA and PPLSS - **Dr. T.N.Ravishankar** - Sudar Hospital
Orthopaedic Perspective - **Dr. Amit Kumar Sharma** - SMF
OBG Perspective - **Dr. A.Tamilselvi** - SMF & The Madras Medical Mission
Mrs. Janani Shankar - Advocate, Chennai
Audience Interaction

WORKSHOP 3

KANGAROO MOTHER CARE - EXTENDING SUPPORT BEYOND THE HOSPITAL WALLS

Leads: **Dr. Swathi Padankatti**, SMF and **Dr. Deepa Alay Banker**, KMC expert & Neonatologist, Ahmedabad
Eminent Faculty: **Dr. Arasar Seeralar**, ACS Medical College & Hospital, Chennai, **Dr. Srinivasan** Secretary, NNF, TN. Neonatologists & KMC experts, Chennai.

Highlights:

- Concept, benefits and components of KMC
- Practical skills in KMC implementation, counselling, follow up & lactation management

A DELEGATE MAY REGISTER FOR ONE WORKSHOP ONLY
Registration for the conference is not Mandatory for Attending the Workshop

Conference Faculty

1. **Dr. Ulhas M.Pandurangi**, MD, DM (Card), FRCP (Lon)
Arrhythmia Heart Failure Academy & The Madras Medical Mission, Chennai
2. **Dr. Mullasari Ajit Sankardas**, MD (Medicine), DM (Cardiology)
The Madras Medical Mission, Chennai
3. **Dr. K.N.Sarveswari**, MD, DD, DNB
Sundaram Medical Foundation, Chennai
4. **Dr. T.Aarthi Priya**, MBBS, MD, DM (Rheumatology)
Sundaram Medical Foundation, Govt. Kilpauk Medical College & Apollo Medical Centre, Chennai
5. **Dr. T.Girija**, MD, FRCP
Sundaram Medical Foundation, Chennai
6. **Dr. P.Paranthaman**, MD, DTCD, FRCP(G), FACP
Govt. Kilpauk Medical College, Chennai
7. **Dr. A.Shanmugam**, MD, D.Diab, FACE
Govt. Kilpauk Medical College, Chennai
8. **Dr. G.Shanmugasundar**, MD, DM
Magna Centres for Obesity Diabetes and Endocrinology & ESIC Medical College, Chennai
9. **Dr. M.Shriraam Mahadevan**, MD, DM
SMF & SRMC, Chennai
10. **Dr. D.Prabhakar**, MD, DM, FACC, FESC
SMF, Apollo Hospitals & Dr.Mehta's Hospital, Chennai
11. **Dr. R.Sridhar**, MBBS, DTDC, DNB
Apollo Hospitals, Chennai
12. **Dr. P.I.Rajan Babu**, MD, DM (Gastro),
SMF, MGMCI & Akshita Gastro Clinic & Endoscopic Centre, Chennai
13. **Dr. M.Waseem Ahmed**, MD, MRCEM, MBA, Dip in Hosp. Mgmt
Sundaram Medical Foundation, Chennai
14. **Dr. M.Sivalingam**, CCT, MRCP(UK), FRCP(Lon)
Sundaram Medical Foundation, Chennai
15. **Dr. Abdul Aziz Salar**, DNB, MRCP
Sundaram Medical Foundation, Chennai
16. **Dr. Suresh Sankar**, AB(Int Med. Neph), FRCP, FASN, MBA
Sundaram Medical Foundation, Chennai
17. **Dr. K.Krishnarathnam**, MD, DM, FRCPA, MRCP(U.K)
Sundaram Medical Foundation & SRMC, Chennai
18. **Dr. K.Sivasubramaniam**, MD RT, DM, E.C.M.O (EUROPE)
Sundaram Medical Foundation, Chennai
19. **Dr. V.Shankar**, MD, DM (Neuro),
Sundaram Medical Foundation, Chennai
20. **Dr. S.Balasubramanian**, MD, DM (Neuro), FRCP (London)
Institute of Neurology & Madras Medical College, Chennai
21. **Dr. Alfred Arulraj Solomon**, MS, FRCS
Sundaram Medical Foundation, Chennai
22. **Dr. Vaidehi**, MD, (Micro Biology), NRM, ASCP
Sundaram Medical Foundation, Chennai
23. **Dr. Uma Kalyanasundaram**, MD, DNB, DGO
Sundaram Medical Foundation, Chennai
24. **Dr. Ramadesikan**, MBBS, DCH, MD (Biochemistry)
Sundaram Medical Foundation, Chennai

Workshop Faculty

- 1 **Dr. M.Waseem Ahmed**, MBBS, MD, MRCEM, MBA, Dip in Hosp.Mgmt
Sundaram Medical Foundation, Chennai
- 2 **Dr. Prasanth Ravinthiran**, MBBS, DNB, MRCEM
Sundaram Medical Foundation, Chennai
- 3 **Dr. G.D.Ranjith**, MBBS, MRCEM, FACEE
Ravina Hospital, Chennai
- 4 **Dr. P.D.Shiv Ranjit**, MD, DNB
Sri Ramachandra Institute, Chennai
- 5 **Dr. Vidhya Saketharaman**, MBBS, MEM, MRCEM, MBA-
HHSM (WILPBITS - PILANI)
Kauvery Hospital, Chennai
- 6 **Dr. Agasthiya Bharathi**, MBBS, DEM, FACEE, PGDMLE,
MRCEM, MBA -HHM
Prashanth Hospitals, Chennai
- 7 **Dr. N.Ashok**, DEM, MRCEM
The Madras Medical Mission, Chennai
- 8 **Dr. Murali Ariga**, MS, DNB, FAICO, PGDMLE
Sundaram Medical Foundation, Chennai
- 9 **Dr. G.M.Gnanapandithan**, MD
Sundaram Medical Foundation, Chennai
- 10 **Dr. D.P.Prakash**, FRCS, DNB, DO
American Eye Care & Lasik Centre
- 11 **Dr. Kumaresh**, MD
Financially Independent Anesthesiologist
- 12 **Dr. P.Rekha**, MD, LLB
Sundaram Medical Foundation, Chennai
- 13 **Dr. T.N.Ravishankar**, MBBS, PGDMLE, MBA
Sudar Hospitals, Chennai
- 14 **Dr. Tamilselvi Arjunan**, DGO, MRCOG, FRCOG
The Madras Medical Mission & SMF, Chennai
- 15 **Dr. Amit Kumar Sharma**, MBBS, MS MCh
Sundaram Medical Foundation, Chennai
- 16 **Mrs. Janani Shankar**, BA, LLB
Advocate Madras High Court
- 17 **Dr. Swathi Padankatti**, DCH, DNB, MNAMS, PGDEpi, MBA,
Fellowship in Neonatology
Sundaram Medical Foundation, Chennai
- 18 **Dr. Deepa Alay Banker**, MD, Dped
Smt NHLMMC & SVPIMER Ahmedabad
- 19 **Dr. Arasar Seeralar**, MD, DCH
ACS Medical College and Hospital, Chennai
- 20 **Dr. Srinivasan**, MD (Pediatrics)
Secretary, National Neonatology Forum, TN.

FORUM 2024

Focused Overviews Reviews & Updates in Medicine

PATRONS

- Mr. R.Ramanujam (Chairman & Managing Trustee)
- Dr. Vijayabharathi Rangarajan (Trustee & Director Community Services)
- Dr. Arjun Rajagopalan (Trustee & Advisor)
- Mr. S. Ravindran (Trustee in Charge)
- Mr. T.N.P.Durai (Trustee & Director Administration)
- Dr. Arjun Rangarajan (Trustee)

CONVENOR

- Dr. P.V.Jayasankar (Trustee & Medical Director)

CO-CONVENORS

- Dr. Kuruvilla Thomas (Deputy Medical Director)
- Dr. T.Girija (Deputy Medical Director)

ORGANIZING TEAM

- Dr. Ganesh Kamath
- Dr. Alfred Arulraj Solomon
- Dr. V.Sumathi
- Dr. Uma Kalyanasundaram
- Dr. Swathi Padankatti
- Dr. G.Sivagama Sundari
- Dr. Amit Kumar Sharma
- Dr. Punitha Rebecca Norman
- Dr. Sindhuja
- Dr. Padma Priya
- Dr. Malini

COMMUNICATION

Ms. G.Shoba – FORUM Secretary - 9790776681

Phone: 26144100, 9941018844, 9941007744

Email: forum2024@smfhospital.org



Sundaram Medical Foundation

DR. RANGARAJAN MEMORIAL HOSPITAL

OP BLOCK:

Plot No.75, Kambar Salai
Mogappair West (Near Wavin Signal)
Ambattur Industrial Estate
Chennai - 600 058

MAIN BLOCK:

9-C, 4th Avenue,
Shanthi Colony,
Anna Nagar, Chennai 600 040
044 – 26144100 9941018844,
9941007744

ANNEXE BLOCK

No. 302, AF31, 89th Block
Shanthi Colony
Annanagar, Chennai – 600 040
044- 26144660/661

-
- ❖ Phone: 044- 26144100, 9941018844, 9941007744
 - ❖ www.smf.in
 - ❖ Email: forum2024@smfhospital.org